

Patient Information (CONFIDENTIAL)

Date \_\_\_ / \_\_\_ / \_\_\_

First

M

Last

Address

City

State

Zip

Email

\_\_\_ / \_\_\_ / \_\_\_  
Date of Birth      Age

F

M

Occupation

(\_\_\_) \_\_\_ - \_\_\_  
Home Phone

(\_\_\_) \_\_\_ - \_\_\_  
Work Phone

(\_\_\_) \_\_\_ - \_\_\_  
Mobile Phone

Primary Contact #

Hm

Wk

Mbl

Physician

Phone

How did you hear about us?

Main reason for appointment?

How long have you had this problem?      Sudden or gradual?

Have you been to a Western Dr. for this problem?

If yes, what were the findings?

Are you pregnant now?      Are you trying to get pregnant now?

Do you smoke?      If yes, how many per day?

Do you drink alcohol?      If yes, how much per week?

Emergency

Contact

Relationship

(\_\_\_) \_\_\_ - \_\_\_  
Phone

List all medications  
taken on a daily basis:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List all herbs or  
supplements:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Sample Diet:**

Breakfast	Snack	Lunch	Snack	Dinner	Snack

**Family History:**

- Blood Pressure
- Heart Disease
- Diabetes
- Cancer
- Migraines
- Stroke
- Tinnitus
- Asthma
- Depression
- Parkinson's
- Sinus
- Other\_\_\_\_\_

**Your Past History:**

- Asthma
- High Blood Pressure
- Heart Disease
- Cancer
- Aids/HIV
- Emphysema
- Hepatitis A/B/C
- Rheumatic Fever
- Diabetes
- Migraines
- Depression
- Tinnitus
- Alcoholism
- Pacemaker
- Fibromyalgia
- Tuberculosis
- Parkinson's
- Sinus
- Diarrhea
- Constipation
- Allergies
- Multiple Sclerosis
- Polio
- Other\_\_\_\_\_
- Stroke
- Headaches
- PMS
- Birth Trauma
- Addiction
- Herpes
- Seizures

**Exercise and Energy:**

What is your energy level? 1 (low) -10 (high)? \_\_\_\_\_

Does your energy drop at a certain time of day? \_\_\_\_\_ If yes, when? \_\_\_\_\_

Do you fatigue easily? \_\_\_\_\_

What kind of exercise routine do you have? \_\_\_\_\_

**Emotions and Sleep:**

Do you have:

- Anxiety
- Fear Attacks
- Difficult Concentrating
- Nervousness
- Depression
- Panic Attacks
- Bad Temper
- Poor Memory

How many hours do you sleep a night? \_\_\_\_\_

Is it difficult for you to fall asleep or stay asleep? \_\_\_\_\_

Do you wake up at a certain time during the night? \_\_\_\_\_ If yes, what time \_\_\_\_\_

Do you dream at night? \_\_\_\_\_ If yes, do they wake you up? \_\_\_\_\_

**Gastrointestinal:**

Do you experience:

- Belching
- Nausea
- Vomiting
- Ulcers
- Bloating
- Acid Regurgitation
- Heartburn
- Indigestion
- Stomach Pain

**Bowel Movements:**

How many per day? \_\_\_\_\_

Do you feel better or worse after a bowel movement? \_\_\_\_\_

Check all that apply:

- Irregular BM
- Constipation
- Diarrhea
- Gas
- Burning Sensation
- Hemorrhoids
- Undigested food in stool
- Hard Stool
- Loose Stool
- Painful BM
- Blood in Stool
- Itchiness

**Urinary:**

Urination: How many times per day? \_\_\_\_\_ Color \_\_\_\_\_

Check all that apply:

- Frequent
- Trouble starting a stream
- Pain
- Incontinence
- Burning
- Dribbling when sneezing
- Blood in Urine
- Kidney Stones
- UTI
- Other \_\_\_\_\_

**Women:**

What age did you start menstruating? \_\_\_\_\_ Number of days between cycle \_\_\_\_\_

Number of days of flow \_\_\_\_\_ Is flow light or heavy? \_\_\_\_\_

Color of the blood \_\_\_\_\_ Spotting? \_\_\_\_\_

Do you have any clots? \_\_\_\_\_ Pain before or after? \_\_\_\_\_

PMS \_\_\_\_\_ Vaginal Discharge? \_\_\_\_\_

**Men:**

Check all that apply:

- Prostatitis
- Impotence
- Other \_\_\_\_\_

**Cardiovascular:**

Check all that apply:

- Chest Pain
  - Cold Hands & Feet
  - Other \_\_\_\_\_
  - Palpitations
  - Irregular Heart Beat
  - Varicose Veins
  - Poor Circulation
  - Phlebitis
- 

**Skin and Hair:**

Check all that apply:

- Dry Skin
- Eczema
- Other \_\_\_\_\_
- Skin Rash
- Hives
- Itching
- Premature Graying
- Acne
- Hair Loss

**Eyes, Ears, Nose & Throat:**

Check all that apply:

- Frequent Colds
- Chronic Runny Nose
- Bleeding Gums
- Dizziness
- Coughing of Blood / Mucus
- Pain Inhaling
- Nose Bleeds
- Painful / Red Eyes
- Dry Mouth
- Shortness of Breath
- Poor Vision
- Ringing of the Ear
- Clogged Ears
- Asthma
- Floaters
- Ear Pain
- Cold Sores

**Headaches:**

Do you get Headaches? \_\_\_\_\_ If Yes, how often? \_\_\_\_\_

Where are they located? \_\_\_\_\_ Do they affect your vision? \_\_\_\_\_

Type of Pain:

- Sharp
  - Dull
  - Heavy
  - Throbbing
  - Other \_\_\_\_\_
- 

**Generals:**

Check all that apply for the last 2 months:

- Change of Appetite
- Poor Sleep
- Facial Pain
- Local Weakness
- Cravings
- Strong Thirst
- Other \_\_\_\_\_
- Sudden Drop of Energy
- Migraines
- Night Sweats
- Poor Balance
- Sinus Congestion
- No Thirst
- Dizziness
- Sweats Easy
- Bleed or Bruise Easy
- Eye Dryness
- Peculiar Taste or Smell
- Weight gain or loss
- Fever
- Edema
- Vision Change
- Tremors
- Chills
- Loss of Hair

Please use space below for any additional comments:

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Roman's Acupuncture & Herbal Clinic, LLC  
 1762 Blue Horizon Drive  
 Morgantown WV 26501  
 www.romansacupuncture.com  
 (304) 322 0093

**ACKNOWLEDGEMENT FORM**

**Cancellation Policy:** \_\_\_\_\_  
*Initials*

I understand and agree Roman's Acupuncture requires a 24-hour advance notice to cancel a scheduled appointment or service. Roman's will also reserve the right to bill customer 60% of scheduled service if 24-hour advance cancellation notice is not provided.

**Consent Notice:** \_\_\_\_\_  
*Initials*

I hereby give my permission and consent to be treated by Dr. Stacy Roman, OMD  
Roman's Acupuncture and Herbal Clinic 1762 Blue Horizon Drive Morgantown WV 26501

**Privacy Practices:** \_\_\_\_\_  
*Initials*

We adhere to the HIPPA Privacy Policies, we are no longer required to supply a copy of this material, however, if you do have any questions the Policy is posted in our front office.

**Payment Policy:** \_\_\_\_\_  
*Initials*

I understand and agree that Roman's Acupuncture requires payment in Full at the day and time of appointment. If at any time you choose to pay with a check, and it is returned for non-payment, you will be charged the returned check fee.

**Return Policy:** \_\_\_\_\_  
*Initials*

All service packages sold at Roman's are NON-REFUNDABLE. Packages may be exchanged for other services only and must be used within one year of original purchase date.

All supplements sold at Roman's are NON-REFUNDABLE. Some supplements require refrigeration. Roman's cannot accept opened or unopened supplements once they leave our clinic.

\_\_\_\_\_  
*Name (Printed)*

\_\_\_\_ / \_\_\_\_ / \_\_\_\_  
*Birth Date*

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*